

# FUSION SPA, LLC

## ALUMA PRE- & POST-TREATMENT CARE

### **Pre-Treatment**

The following conditions which are CONTRAINDICATIONS to laser treatment: presence of a pacemaker, history of melanoma, raised moles, suspicious lesions, keloid scar formation, active infections, open lesions, hives, herpetic lesions, cold sores, tattoos or permanent make-up in area of treatment, recent use of Accutane, tetracycline, or St. John's wort in the last year, autoimmune diseases such as Lupus, Scleroderma, Vitiligo, pregnancy, trying to get pregnant, or nursing.

Do not tan or use self tanner in areas to be treated for 4 weeks prior.

Avoid any irritant chemical, soaps, lotions to area for the week prior.

### **Post-Treatment**

Cool pack or cool, wet compresses may be used.

Aloe vera to ease temporary discomfort. Cleanse skin gently with warm water, and hydrate skin with a suitable moisturizer.

Cortisone (1% over-the-counter) may be used to decrease skin redness/reaction.

For blistering/crusting, notify the physician as an antibiotic ointment may be used.

For 24 hours, you should take a quick, warm shower instead of a hot bath. Avoid hot water for 24 hours.

Make-up may be used as long as skin is not broken or irritated.

No sun exposure following treatment for one week.

Use sun block SPF 30 (with Zinc oxide) for unavoidable sun exposure. It is recommended that this sun block always be used after the treatment.

If you have any questions or concerns, do not hesitate to call your physician.

